RESEARCH PARTICIPANTS NEEDED
SEEKING OLDER ADULTS WITH MOBILITY CHALLENGES

Are you interested in participating in an online, seated tai chi class?

PARTICIPATION INVOLVES:
- 8-week program (1-hour online, classes 2x-week)
- questionnaires
- short interview

You will be compensated up to $60!

PARTICIPANTS MUST:
- Be between the ages of 60-80
- Have mobility challenges
  - Use a mobility aid (i.e., cane, crutches, wheelchair, walker, or scooter)
  - OR have serious difficulty walking or climbing stairs
- Have mobility challenges for at least 10 years
- Have access to a computer or tablet with a webcam and internet access

If interested, contact:
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www.TechSAgeRERC.org
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